

### KATEKA is the celebration of a cherished friendship

which became family and led to the fulfilment of this incredible dream come true.

Embarking on this journey has been an absolute blessing, which is why we named the lodge Kateka, which means 'be blessed' in the African Tsonga language.

It's our passion to share Kateka with guests from around the world, who want to experience a wilderness destination that not only encompasses our love for wildlife and hospitality but also leaves a lasting impression on their souls after experiencing all that Kateka has to offer.

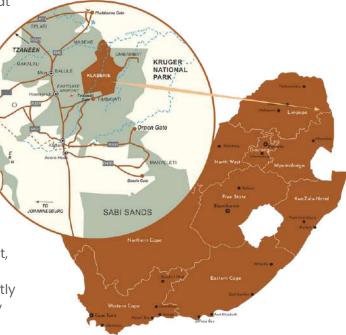
### LOCATION

Kateka is situated in the 60 000 hectare Klaserie Private Nature Reserve, which forms part of the Greater Kruger National Park.

Our guests can explore over 16 000 hectares of traversing that not only encompasses big five game viewing, but also scenic terrains.

The area prides itself on -a very low vehicle density -an inviting and holistic wilderness experience

The Lodge is approximately 50 minutes' flying time from Johannesburg's O.R. Tambo International Airport to Eastgate Airport or Hoedspruit Civil Airport, where you can either travel by helicopter or road transfer directly to the Lodge. Alternatively, enjoy the 6-hour scenic drive from Johannesburg to the lodge.





#### Classic Suite Sleeps 2

Private Plunge Pool Rooftop View of the Water Hole



#### Deluxe Suite Sleeps 2

Private Plunge Pool View of the Water Hole



#### Villa Sleeps 6

Private Vehicle, Dining, Pool, Fireside and a View of the Water Hole



# All guest rooms include the following:

- King size beds with mosquito nets
- Twin beds are available
- Air conditioning / heating
- Indoor & outdoor shower
- Wi- Fi
- USB/C charging points & international adaptors
- Smart lighting
- In- room safe
- Telephone
- Stocked mini bar with tea & coffee - making facilities
- International in room
  amenities
- Robes, slippers, hairdryer, sunblock, insect repellent Laundry service

## FACILITIES AND ACTIVITIES

F45 Gym, Infrared Sauna, Indoor Ice Bath and Heated Jacuzzi , Roof Top Yoga Deck, Wash and Styling Bay and Boutique Shop

With wellness integrated into all aspects of our guests' experience, we encourage you to take the time to focus on yourself and your well-being. Our serene environment is the perfect place to disconnect from external distractions and immerse yourself in the healing power of nature

experience a wellness journels

through the elements to renew your balance and senses at KATEKA

Experiences

At Kateka Safari & Wellness Experience, we offer a variety of wellness activities that allow you to reconnect with yourself and the world around you.



Jame Prives

Traverse 16 000 ha of Klaserie Private Nature Reserve on morning and evening game drives, under the care of our experienced, passionate guides and trackers. Encounter iconic African wildlife in their pristine natural habitat, from breeding herds of elephants to a sounder of warthogs and their piglets, and all fascinating creatures in between. The Klaserie is renowned for excellent birding; delight in the sound of an African fish eagle calling over the Klaserie River, saddle-billed storks strutting around the waterholes and vultures keeping watch from the tallest trees.





Yoga is a practice that connects the body, breath, and mind. It uses physical postures, breathing exercises and meditation to improve overall health, which in modern times is a fantastic stress management tool.

Come for a complimentary class with one of our instructors on the roof top overlooking the African savanna. Alternatively, feeling shy? No problem, book a private one-on-one session and enjoy learning about this wonderful form of movement and exercise.



Explore the Klaserie on foot, under the guidance of our experienced and knowledgeable guides. An immersive, unhurried experience; walk quietly along a well-trodden game path, count the toes of a leopard and memorise the shape of its tracks. Crush wild sage between your fingers, take in the scent of the earth dug up in the night by an aardvark. Let your primal senses come alive, listening out for the breaking of branches, the thudding of hooves, the flap of wings. Appreciate small wonders up close; a feather in the sunlight.



Meditation & Mardla Geading

Meditation is a technique used for thousands of years to develop awareness of the present moment. It can involve practices to sharpen focus and attention, connect to the body and breath, develop acceptance of difficult emotions, and even alter consciousness.

Disconnecting from modern day technology can be just what the body needs sometimes and beading is just the answer, take a class with one of wellness therapists to enjoy this relaxing art form with a side twist of prayer & meditation.





## Scenic Helicopter Flight

Take to the skies on a chartered flight with Mpumalanga Helicopter Company. Depart Kateka and admire the citrus and game farms from an eagle's point of view. Ease through the magnificent, lush Blyde River Canyon, the largest green canyon on earth. Enjoy outstanding photographic opportunities over the canyon, where waterfalls cascade over the rocks and the Blyde River carves a dramatic winding channel through the canyon.



## Art Therapy

Art therapy involves the use of colouring creative techniques such as drawing, painting, collage, colouring, or sculpting to help people express themselves artistically and examine the psychological and emotional undertones in their art.

Adult art therapy colouring books can be found in your room. Should you wish to explore more options, please chat to one of our wellness therapists.

